

## LYCOFLAVON™

### Treatment for Insulin Resistance – Glycemic Control

Insulin resistance is one of the main causes of the development of diabetes II and obesity. Despite a growing global spread of these diseases, the number of successful therapies that increase insulin sensitivity is very limited.

#### Lycoflavon

Is a new combinatory product where molecules of Genistein and Diadzein Isoflavones, GDI, which can increase the expression of insulin receptors, are embedded into clusters of *trans*-lycopene. This embedment, LYCOFLAVON, provides protection of the former from the stomach environment by the acid resistant molecules of the latter. As a result of this, low doses of the isoflavones can be used to achieve a comparable or even superior therapeutic effect to that of its unprotected form.

In addition, *trans*-lycopene serves in this formulation not only as a facilitating delivery entity, but also as a bioactive anti-hypoxia molecule, which is important for improvement of the microcirculation in skeletal muscles, and in particular in steatotic tissues of the liver and pancreas. Therefore, a combination of high potency GDI and lycopene molecules could provide a synergetic therapeutic effect in patients with insulin resistance.

#### Animal studies

Two groups of 8 pre-diabetic 7-week-old Zucker Diabetic Fatty (ZDF) rats were fed either with a control chow or one mixed with 0.2% LYCOFLAVON. After 6 weeks the control rats developed fatty liver and insulin resistance. However, in the rats fed with LYCOFLAVON, fasting plasma glucose and liver triglycerides were about 50% lower than in the control group, table 1.

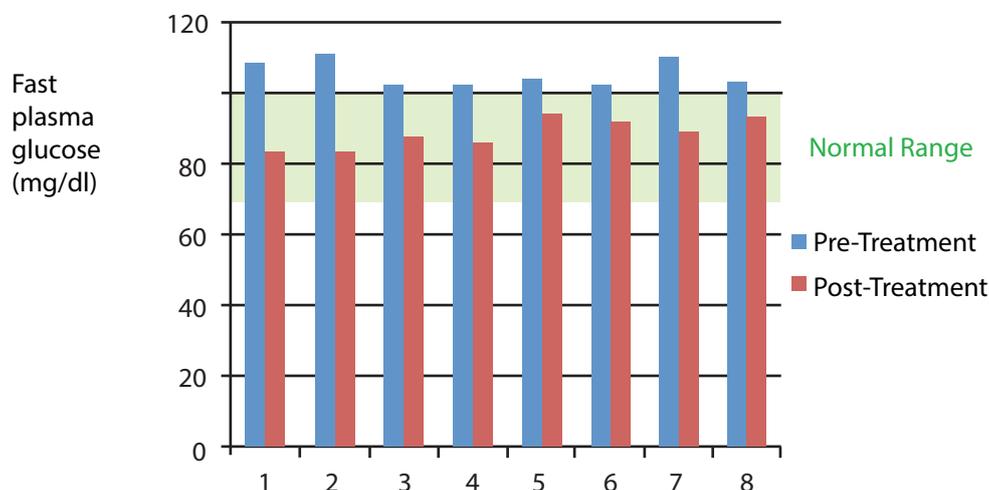
Table 1. Effect of LYCOFLAVON on pre-diabetic ZDF rats

Parameters	6% Chow Control	6% Chow + 0.2% LYCOFLAVON
Body weight, g	477.25 ± 20.7	460.75 ± 39.3
Plasma glucose, mg/dL	171.25 ± 53.97	83.5 ± 13.47
Plasma TG, mg/dL	509.58 ± 63.07	335.85 ± 71.46
Plasma CH, mg/dL	177.18 ± 11.26	131.15 ± 7.01
Liver weight, g	21.2 ± 1.12	17.35 ± 2.44
Liver TG, mg/g	20.43 ± 3.18	11.97 ± 2.21

In addition, it was found that LYCOFLAVON suppressed the major insulin regulated gluconeogenic enzymes in the liver, PEPCK and G6Pase.

## Pharmacodynamics - Fasting Glucose

In an open-label clinical trial on 8 middle-aged patients with metabolic syndrome, daily oral administration for 4 weeks of LYCOFLAVON, the daily dose of which contained 50 mg of GDI embedded into 7 mg of *trans*-lycopene, resulted in a reduction of fasting glucose by 10-25 mg/dL.



## Insulin Resistance – Clinical Trial Phase II

Professor Nicola Abate, University of Texas Medical Branch, Galveston, USA

An open-label study was undertaken on 31 normoglycemic volunteers, 18 – 45 years old, with daily oral administration for 16 weeks of LYCOFLAVON, the daily dose of which contained 50 mg of GDI embedded into 7 mg of *trans*-lycopene. Insulin sensitivity was measured by an euglycemic hyperinsulinemic clamp, using an insulin infusion protocol of 80 mU/m<sup>2</sup>/min. 25 of the 31 participants completed the clamp study before and after treatment.

In those persons with a baseline Rd below 6 mg/min/kg of body mass (n=19) there was a 9% increase in glucose disposal rate with an average post-treatment value of 4.21 + 1.45 vs baseline 3.86 + 1.26 mg/min/kg, p<0.05. In the remaining 6 participants who were insulin sensitive at baseline, no changes were recorded. This level of change in insulin resistance was on a par with Metformin, which is typically around 10%, and more effective than Thiazolidinediones, 5%.

Himara Davila Arroyo, MD, Wengton Pan, M.D.; Manish Saraf, Ph.D.; Geetika Saraf; Manisha Chandalia M.D.; Nicola Abate, M.D. - A PILOT STUDY ON TREATMENT EFFECT OF LYCOPENE AND ISOFLAVONES ON INSULIN RESISTANCE. (2011) *Diabetes Mellitus*, Abstract 205, p.23-24.

## Next Step

The main objective of Lycotec is to find funding and/or a partner to take LYCOFLAVON to a larger double blind clinical trial programme to assess further its impact on insulin resistance.

## Regulatory

All molecules comprising LYCOFLAVON are safe for humans and do not require FDA or other countries' regulatory body approval for oral administration in their therapeutic dose-range.

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